

**W/C: 5/9, 26/9, 24/10, 14/11,  
5/12**

**week: 01**

**Stir.**

**MONDAY**

**Beef Bolognese**  
With Wholegrain  
Penne Pasta, Garlic  
Bread  
& Green Salad

**Veggie Bolognese**  
With Wholegrain  
Penne  
Pasta, Garlic Bread &  
Green Salad

**Boston Hash  
Bean Pot**

**Piri Piri Chicken  
Burger**

**Toffee Apple Slices  
Vanilla Ice Cream**

**TUESDAY**

**Bangers and Mash**  
Pork Sausage,  
Creamy Mash,  
Baked Beans

**Veggie Bangers  
and Mash**  
Veggie Sausage,  
Creamy Mash and  
Baked Beans

**Crispy Chicken  
Strips**

**Cheese and Ham  
Panini**

**Chocolate  
Cornflake Cakes**

**WEDNESDAY**

**Roast Chicken**  
Sage &  
Onion Stuffing  
Crispy Roasties &  
Fresh Veggies

**Cheese, Veg &  
Spinach  
Puff Pastry Roll**  
Crispy Roasties &  
Fresh Veggies &  
Gravy

**Sweet Chilli  
Chicken and  
broccoli Pot**

**Chicken Fajita  
Wraps**

**Syrup Sponge**

**THURSDAY**

**Mild Chilli Beef &  
Cheese**  
Oven Baked Potato  
Wedges &  
Sweetcorn

**Cheese & Veggie  
Homemade Nachos**  
Oven Baked Potato  
Wedges &  
Sweetcorn

**Chicken  
Popcorn**

**6" Sausage Roll**

**Pineapple Upside  
Down Cake**

**FRIDAY**

**Golden Fish  
Fingers (MSC)**  
Salmon or Pollock,  
Chips & Baked  
Beans

**Crispy Bean &  
Vegetable Fingers**  
Chips & Baked  
Beans

**Chicken Nuggets  
with Dip  
Classic Cheese  
Burger**

**Chewy  
Flapjack**

**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

**menu**

**let's eat, together**

[www.stirfood.co.uk](http://www.stirfood.co.uk)

W/C: 12/9, 3/10, 31/10,  
21/11, 12/12

week: 02

Stir.

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Meat Free Monday!**

Choose either our  
tasty Margherita  
Pizza or our Veggie  
Supreme

Served with  
Pasta Salad &  
Mixed Crudites

**Boston Hash  
Bean Pot**

**Cheese Panini**

**Jelly & Fruit Slices**

**Classic Beef Burger**

in a Bun with  
Oven Baked  
Wedges &  
Garden Peas

**Super Veggie  
Burger**

in a Bun with  
Oven Baked  
Wedges & Garden  
Peas

**Crispy Chicken  
Strips**

**Piri Piri Chicken  
Burger**

**Marble Sponge**

**Roasted Gammon**

Joint  
Crispy Roasties,  
Fresh Veggies &  
Gravy

**Veggie Sausage  
& Root Veg  
Traybake**

Crispy Roasties,  
Fresh Veggies

**Sweet Chilli  
Chicken and  
broccoli Pot**

**Chicken Fajita  
Wraps**

**Chocolate Brownie**

**Not So Spicy  
Chicken  
Tikka Masala**

Wholegrain Rice,  
Turmeric Carrots &  
Peas

**Creamy Vegetable  
Korma**

With Wholegrain  
Rice, Turmeric  
Carrots & Peas

**Chicken  
Popcorn**

**6" Sausage Roll**

**Apple Sponge**

**Golden Fish Fingers  
(MSC)**

Choose Salmon or  
Pollock,  
Chips & Baked  
Beans

**Crispy Bean &  
Vegetable Fingers**

Chips & Baked  
Beans

**Chicken Nuggets  
with Dip**

**Classic Cheese  
Burger**

**Vanilla Cookie**

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menu

let's eat, together

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W/C: 19/9, 17/10, 7/11,  
28/11, 19/12

week: 03

Stir.

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Cheese & Tomato  
Pizza**  
Melt Baguette  
with Wholegrain  
Pasta & Sweetcorn  
Salad

**Toad in the Hole**  
with Creamy Mash,  
Green Beans &  
Gravy

**Roast Chicken**  
Sage & Onion  
Stuffing  
with Crispy Roasties  
& Fresh Veggies &  
Gravy

**Homemade  
Chicken Nuggets**  
with Oven Baked  
Wedges & Broccoli

**Golden Fish  
Fingers (MSC)**  
Choose Salmon or  
Pollock,  
Chips & Baked  
Beans

**Tomato & Mozzarella  
Gnocchi Traybake**  
with Wholegrain  
Pasta & Sweetcorn  
Salad

**Quorn Toad in the  
Hole**  
with Creamy Mash,  
Green Beans &  
Gravy

**Quorn Roast**  
with Crispy Roasties,  
Fresh Veggies  
& Gravy

**Crunchy Topped  
Macaroni Cheese**  
with Oven Baked  
Wedges & Broccoli

**Baked Beans &  
Vegetable Fingers**  
Chips & Baked  
Beans

**Boston Hash  
Bean Pot**

**Crispy Chicken  
Strips**

**Sweet Chilli  
Chicken and  
broccoli Pot**

**Chicken  
Popcorn**

**Chicken Nuggets  
with Dip  
Classic Cheese  
Burger**

**Piri Piri Chicken  
Burger**

**Cheese and Ham  
Panini**

**Chicken Fajita  
Wraps**

**6" Sausage Roll**

**Sticky Banana  
Pudding**

**Chocolate  
Oat Cake**

**Vanilla Sprinkle  
Sponge**

**Apple  
Crumble**

**Shortbread**

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

menu

let's eat, together

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