



PE and Sport Premium **2020-2021**

Intent of PE and Sport Premium:

- The PE and Sport Premium is additional government funding intended for the purpose of improving the quality of PE and sport.
- Unified Academy is committed to ensuring that all students are provided with the opportunity to live healthy and active lifestyles. We will endeavour to improve the quality of physical education and sport for our students so that they are able to have positive experiences which will support them throughout their lives.
- It is our objective to increase participation and provide multi-sport options for our students so that they regularly participate in range of sports while at school and during their lifetime.
- We recognise the benefits that physical education can have on our students' physical and mental health. Improving students' self-esteem, confidence, emotional well-being, resilience, to enable them to have positive interactions with peers is one of our key aims.
- It is our intention, that the PE and Sport Premium will have a wider impact on the school ethos, improve behaviour and support academic achievement so that our students flourish.

The PE and Sport Premium will be used to:

- enhance the provision of PE, physical activity, and sport across the school
- build capacity and staff expertise to ensure that improvements made now will benefit students joining in the future.

Unified Academy will use the PE and Sport Premium to secure improvements across the school in the following Five Key Indicators:

1. the engagement of all students in regular physical activity – (the Chief Medical Officer recommends that all children and young people aged 5 to 18 should engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school)
2. the profile of PE and sport is raised across the school as a tool for whole-school improvement
3. increased confidence, knowledge and skills of all staff in teaching PE and sport
4. broader experience of a range of sports and activities offered to all students
5. increased participation in competitive sport.

Unified Academy will seek to engage students in regular physical activities by:

- providing targeted activities or support to involve and encourage the least active children
- encouraging active play during lunchtimes
- Establishing, extending or funding attendance of school sports clubs and activities and holiday clubs or broadening the variety of offered
- Adopting an active mile initiative.

Swimming at Unified Academy 2020-2021

Unified Academy seek to raise the attainment of all students in swimming. It is a requirement of the national curriculum that by the end of Year 6 students will be able to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively, for example, front crawl, backstroke and breaststroke
- perform a safe self-rescue in different water based situations.

Unfortunately, Covid-19 has had a significant impact on sports and leisure industries and due to the current global climate, our students have been unable to access swimming provision this academic year. In addition, some children will experience reduced levels of physical activity. It is our objective to be innovate and adaptable and provide students with remote exercising opportunities via our school YouTube channel. While in school, students will maintain social distancing guidelines and remain within appropriate bubbles ensuring the cleanliness of sports/play equipment is adhered to.

This year Unified Academy will place a strong focus on developing students to aspire to Young Leaders' roles in which they support specialist coaches to deliver physical activity in the school. We seek to broaden our whole school approach and use peer mentoring schemes in new sports to build the way for a more diverse sporting future at Unified. It is our intention to continue to work in partnership with our family of schools within OHC&AT and the local

community to extend our offer of sporting events and physical activity days in which students are able to engage in competitive sport with those within our wider community.

In the spring term, we seek to utilise our specialist sports coaches to support students to organise, coordinate and participate in a range of sporting competitions and events.

Allocation of PE and Sport Premium – 2020-2021

Number of students eligible for PE and Sport Premium	Three Year 6 students
Amount	£3,000

Allocation	Purpose and link to key indicator	Proposed outcome	Estimated costs
External key and multi-sport provider through Trenic Taekwondo and Fitness affiliated with Sport England National Governing body delivering Boxing under Level 2 ABA qualified instructors and NGB Taekwondo Level 2 Instructors.	To broaden the range of sports offered at Unified Academy and increase student participation (KIs – 1,4 & 5). Year 6 students to receive an additional two hours per week tuition: 1-2-1 = boxing skills Enrichment fitness and social session	Increase student participation by 25%. All students enrol on Sports Leaders programme. Increase physical fitness – 25% improvement in bleep test assessments.	£1,000 (33%)
Raise the attainment in swimming for KS2 students.	To engage a qualified pool instructor to deliver 20 sessions @ £35ph = £700 +£100 travel so that all students to meet	All students will be able to: <ul style="list-style-type: none"> swim competently, confidently and proficiently over a distance of at least 25 metres 	£800 (27%)

	the National requirements in swimming (KIs 1 & 4).	<ul style="list-style-type: none"> • use a range of strokes effectively, for example, front crawl, backstroke and breaststroke • perform a safe self-rescue in different water based situations. 	
External provider for team and core sport values running additional sessions alongside PE staff, breaktime , lunchtime and enrichment activities to students. Developing playground monitors and sports leaders.	Appoint a qualified Rugby coach to encourage and enable children to be active and engaged through a fun sport that promotes core values that will in turn develop the social, emotional, and physical well-being. Coaching will deploy the TREDs (teamwork, respect, enjoyment, discipline and sportsmanship) framework. (KIs 1,2,4 & 5)	<p>Increase student participation by 25%.</p> <p>All students enrol on Sports Leaders programme.</p> <p>Increase physical fitness – 25% improvement in bleep test assessments.</p> <p>Empower students to make better decisions, to control emotions, to deal with disappointment and to celebrate success. <i>(To be humble in victory and gracious in defeat – Christopher Earle).</i></p>	£1,000 (33%)
Sporting Chances Football Sessions	Increase staff confidence, knowledge and skills in teaching PE and sport (KI 3).	<p>Increase football skills acquisition.</p> <p>Increase staff confidence in delivering joint and individual sessions.</p>	£200 (7%)
Grand total			£3,000 (100%)