

Subject Overview

Subject: PSHE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5,6,7	Transition and safety	Developing skills and aspirations The world I live in	Diversity The world I live in	Health and puberty Changing & Growing Self-Awareness support & Safety RSE	Building relationships Managing Feelings RSE	Financial decision making The world I live in
Year 8	Drugs and alcohol Healthy lifestyles	Community and careers	Discrimination The world I live in support & Safety RSE	Emotional wellbeing Self-Awareness support & Safety Self-care RSE	Identity and relationships Self-Awareness Changing & Growing RSE	Digital literacy The world I live in
Year 9	Peer influence, substance use and gangs Support & Safety	Setting goals Changing & Growing	Respectful relationships Changing & Growing RSE	Healthy lifestyles Self-care, support & Safety RSE	Intimate relationships Changing & Growing Managing Feelings RSE	Employability skills Changing & Growing
Year 10	Mental health Self-Awareness RSE	Financial decision making The world I live in	Healthy relationships Managing Feelings Changing & Growing RSE	Exploring influence Self-care, support & Safety RSE	Addressing extremism and radicalisation Self-care, support & Safety	Work experience Changing & Growing The world I live in
Year 11	Building for the future Changing & Growing RSE	Next steps Changing & Growing	Communication in relationships Changing & Growing Managing Feelings RSE	Independence Self-care, support & Safety RSE	Families Changing & Growing Managing Feelings RSE	

Health and wellbeing Living in the wider world Relationships

RSE - Adaptations SEND - Adaptations