

# COVID-19 CRISIS BEREAVEMENT HELPLINE 01342 313895

9am - 12 noon, Monday - Friday,  
Calls out of these hours are monitored



Information, advice and guidance to help and support bereaved children and young people and for those facing a loss of a loved one during the Coronavirus outbreak and beyond

- ✦ How to talk to your children
- ✦ Physical and emotional responses from children
- ✦ Choosing the right words
- ✦ School support
- ✦ Age appropriate information
- ✦ Making memories
- ✦ Family advice and support

Throughout this challenging time our trained support workers will be there to support you and your children

Contact us: [www.jigsawsoutheast.org.uk](http://www.jigsawsoutheast.org.uk) / [info@jigsawsoutheast.org.uk](mailto:info@jigsawsoutheast.org.uk)

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